**Timmins Women’s Recreational Hockey League COVID-19 Safety Plan   
[**according to Ontario.ca & the Porcupine Health Unit**]**

1. **CONTACT TRACING** will be conducted at all league events

The Timekeeper will ensure only the participants, officials and spectators in attendance are listed on the game sheet. If any person leaves the event early, the time shall be noted beside their name.

The COVID-19 Representative, per division, will double check each game sheet for accuracy and hand the game sheet over to the league President, who will keep these for a min of 30 days.

1. **SCREENING** will be done by all participants and officials attending league events

The COVID-19 Representative will inform the arena attendant of TWRHL’s screening process

All participants and officials will complete the online self-assessment, on each scheduled game day, from <https://covid-19.ontario.ca/self-assessment>, and keep their results for a minimum of 30 days (must provide if requested).

All participants will then sign the attestation, upon entering the dressing room, which states they have completed their screening test (league officials will sign the game sheet indicating they’ve done their screening test).  
NOTE:   
Failure to sign will result in the ineligibility from playing that game.  
If your self-assessment result is positive, you must stay home, seek medical advice from the PHU and advise the leagues COVID rep.

The COVID-19 Representative, per division, will immediately inform the league President of any positive test results and the President will advise all other participants (without naming names).

The person with a positive self-assessment will continue to monitor their health and be tested if advised by the Porcupine Health Unit. The PHU will contact the league President for the Contact Tracing paperwork and the names/phone numbers of league participants if required.

All games will commence until otherwise informed.

A negative self-assessment result must be submitted to TWRHL before participants can return to any league game.

**NOTE:** As per the Ontario Government Protocols, by October 12, 2021, people must be fully vaccinated in order to enter any public building/facility. Please visit [www.porcupinehu.on.ca](http://www.porcupinehu.on.ca) or <https://www.facebook.com/yourPHU> for clinic’s near you.

**TWRHL COVID-19 Safety Plan**, cont’d

**All league participants and officials will abide by the following:**

Physical Distancing:

* A maximum of 24 skaters, 2 goalies, 1 Referee, 1 timekeeper to be in attendance at any given game
* Arrive no more than 15 minutes before a game
* Spectators are to remain at home
* Follow all facility signage (entrances & exits)
* Leave the facility within 15 min of the end of game
* Are to not congregate outside of the city owned facility

Personal Hygiene:

* Wear a mask at all times until you go on the ice
* Wash your hands with hand sanitizer upon entering the facility
* Do not share water bottles
* Wash your hands with hand sanitizer when exiting the facility

Training & Education:

* Provide all participants with documentation from the Gov’t of Ontario, the Porcupine Health Unit and the City of Timmins, in regards to the COVID-19 safety **procedures and protocols**  
  <https://www.porcupinehu.on.ca/en/your-health/infectious-diseases/novel-coronavirus>

<https://covid-19.ontario.ca/> and <https://covid-19.ontario.ca/self-assessment/>

<https://www.timmins.ca/find_or_learn_about/c_o_v_i_d-19_information>

* Insist all participants follow the PHU & Gov’t of Ontario’s direction in regards to **Vaccinations** [aka: must be fully vaccinated by Sept 22, 2021 to enter any public building]
* All participants must provide TWRHL with **proof** of full vaccinations  
  <https://covid-19.ontario.ca/covid-19-vaccine-booking-support#proof-of-vaccination>
* Remind all participants to stay home if they feel unwell &/or answer yes to any questions on the self-assessment tool

**TWRHL COVID-19 Safety Plan**, cont’d

Response Planning:

* Participants will provide TWRHL with **screening** results from  
  <https://covid-19.ontario.ca/self-assessment>
* The official game sheet will act as our **Contact Tracing** records  
  The league President will store all game sheets
* If a self-assessment is found to be positive, that person will:
  + stay home
  + seek advice from the PHU, to get tested if required
    - If the PHU determines this to be a close contact or positive case, they will gather all pertinent information from that person and that person will self-isolate for the amount of time deemed necessary by the PHU.
  + provide the PHU with the league President’s name and phone number, so they can obtain the leagues Contact Tracing records
  + will also keep the leagues COVID rep informed of their status  
    Note: a negative test result is req’d to return to league events
* Games will continue unless the PHU or CofT advises otherwise
* The league President will:
* **Inform** league **participants** with, if possible, where/when contact happened
* **Notify** the **City of Timmins**
* If advised by the PHU or CofT, will **cancel future games** until the all clear direction is given